



AAGP

*Australian Association of
Group Psychotherapists*

Training Programme in Group Psychotherapy

Pre-requisites – a clinical degree within health or allied field. Employment in the clinical field, with access to potential patients/clients for training psychotherapy groups is necessary.

Group analytic and psychoanalytic theory will form a central part of the training with group theory developed on the basis of this. Prior learning in this area is an advantage.

Group psychotherapy concurrent with the training is required to complete the course. An experience of individual psychoanalysis or psychoanalytic psychotherapy is also required and can be credited prior to starting, or can be undertaken as part of the training.

Locations –The seminars are conducted from various states via Zoom. Candidates are expected to attend the 3 annual weekend conferences of the AAGP in Melbourne, Sydney and Brisbane, one of the Large Groups, and to participate in block training in experiential groups when that is available. Group therapy and supervision will be available in these 3 centres or via Zoom.

Time Commitment - the course comprises 4 years of seminars held weekly, during school/university semesters; attendance at the weekend conferences and experiential group 3 times a year, as well as additional time for conducting group observations or therapy groups and supervision of these activities on a weekly basis. **Please note – there is no requirement that the course is finished within 4 years.**

Cost – currently \$3000 per year for seminars etc. Some centres will be offering a one year experiential group for those interested, and payment options for these will be billed as a separate item. In addition the cost of individual group therapy and supervision will need to be negotiated individually between the relevant practitioners. There will also be travel costs to conferences and experiential groups.

It is important to note that Medicare does not give a rebate for a training therapy.

Training Group Therapy – it is a requirement that trainees have their own personal group therapy concurrent with the training programme. A list of accredited therapists is available from the Training Co-Ordinator. It is strongly recommended that trainees commence their personal group therapy before submitting an application to join the training.

Accreditation of prior learning – those applicants with previous experience or training are encouraged to submit detailed documentation outlining their background to the Training Committee for consideration.

Successful completion of the training will meet requirements to allow application for full membership of the AAGP which is a foundation member of the Australian Confederation of Psychoanalytic Psychotherapies.

If you have any questions please contact the National Training Co-Ordinator:

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