

AAGP invites you to a Large Group to explore the theme

## **ANALYSIS AND THE POLITICAL II**

*' We are all human beings after all..'*

How often is this aphorism invoked to imply equality, to settle a conflict, to appeal to our 'better nature'! Usually, however, it invokes avoidance of the very dialogue that might fruitfully engage with difference, deal with conflict or elaborate our nature as human beings. So, what does it mean to be human? Can we engage with this question?

Observation of our social world reveals paradoxical pictures of the human being from the profoundest compassion and heroism to the brutal, the callous, the 'inhuman'. A view of the human being is implicit in every aspect of human endeavour from commercial (including business and advertising), to political (including economics and social policy) to social (including therapeutic, consulting and community activity), though seldom articulated. Do we share a view of the human being? Can a language emerge through dialogue to elaborate what it means to be human? Can the paradoxes be bridged or our understandings change? In what ways would power or claim to truth define or delimit the process of dialogue?

This Workshop is an attempt to pick up on themes arising from *Analysis and the Political* (2014). Once again, the experiential medium will be the **Large Group** which provides an opportunity through dialogue and reflection not usually available in everyday life to recognise and understand in a personal way how largely unconscious socio-political forces influence the ways we engage with ourselves and others in our lives and work.

The Large Groups in this Workshop will be conducted by **Teresa von Sommaruga Howard**. Teresa was born in the UK, the daughter of at least two cultures, during WW2. At 5, she immigrated to New Zealand where she grew up and was educated. These multiple backgrounds have given her a particular possibility to see that the world can be viewed in many ways. Now based in the UK, she works in a number of countries where she uses her skills as an architect, a systemic family therapist and group-analyst, specialising in median and large groups in diverse settings. She has written and published a number of papers and chapters and is the Treasurer of the International Association for Group Psychotherapy and Group Processes (IAGP) and co-edits *Forum*.

**Who Should Attend:** This workshop is open to all members of the community and walks of life, with an interest in exploring the theme as it emerges experientially in a large group.

**Preparation:** It is recommended that participants view all or some of the BBC Documentary Series *The Century of the Self* which can be downloaded from <http://vimeo.com/87419450>

**Please note that learning from this event will be experientially-derived and participants will be expected to commit to attend the whole event.**

## THE PROGRAM

WHERE: **North Sydney Community Centre**, cnr of Miller and McLaren Sts.  
(behind North Sydney Council Chambers - parking via Kelrose Ln)

WHEN: **Please Note that attendance at the whole Workshop is expected.**

Friday March 20

18.30 - 19.30 Welcome, registration, light supper, short  
presentation on the theme

19.30 - 21.00 Large Group

Saturday March 21

09.00 - 10.30 Large Group

11.00 - 12.30 Large Group

13.30 - 15.00 Large Group

15.30 - 17.00 Large Group

COST: **\$280 (GST Free)** (\$250 AAGP Members and Associates)  
(includes Fri supper, Sat lunch and refreshments)  
**Register before Friday March 14, 2015**

ENQUIRIES: Antony Gleeson [angle46@bigpond.com](mailto:angle46@bigpond.com)

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## REGISTRATION

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

I agree to attend the whole workshop: \_\_\_\_\_

PAYMENT OPTIONS:

\* Send Form and Cheque to **AAGP, PO Box 1748, Crows Nest, NSW 1585**

or

\* E-transfer to **AAGP, BSB 163-165, Ac 1013 6603** using code:

**AAGP SYDNEY (Surname)** and email registration to [angle46@bigpond.com](mailto:angle46@bigpond.com)

Receipts issued on the Friday evening. PD Certificates available.