



# Australian Association of Group Psychotherapists Open Day

## Composing the group

Sat 24<sup>th</sup> July 2021  
Venue: Zoom

### Program

- 9:20am Log on
- 9:30am Intro and welcome to country  
– Peter Hengstberger
- 9:45–10:30am “Why Musicians Need  
Psychotherapy” – Paul Watt
- 10:30–11:00am Morning Tea
- 11–11:45am “Group Music Making: A  
framework for discovering music’s power”  
– Steph McKaw and Ashreya Ward
- 11:45–1:00pm Lunch
- 1:00–2:30pm Group Discussion

### Booking Information

Cost for non-members: \$75

[Book here](#)

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### Dr Paul Watt

Paul is an Adjunct Associate Professor of Musicology in the Elder Conservatorium of Music, University of Adelaide. He is the author or editor of seven books and numerous articles on music criticism, biography, street music, and religious and intellectual history. This talk is based on a new project Paul is working during a Visiting Fellowship in the Humanities Research Centre, Australian National University, in August and September 2021.

### Steph McCaw

Artistic Director | The Boxties

The Boxties’ artistic director, Steph McCaw, is a music education pioneer whose work is recognized by musicians and music educators in Australia and overseas.

Research into Steph’s methodology, conducted over two years by Professor Pamela Burnard of the Education Faculty of Cambridge University (UK) was published in two major international journals – *Departures in Critical Qualitative Research*, (University of California), and the *Cambridge Journal of Education*.

Steph has also given talks about her work at Cambridge University, the University of Queensland and on behalf of Teacher Training Australia.

In 2008, Steph received Rotary’s Paul Harris Fellowship, and was awarded a Churchill Fellowship, enabling her to visit community music programs in the UK, Finland and the USA.

She received a National Excellence in Teaching Award in 2010. In 2013 she received a State “Positive Teacher” award for her contribution to nurturing students’ mental wellbeing, and was designated a Queensland Government “Culture Champion”.

Steph is also co-director of the Boxties Music School alongside her long-time collaborator, Ashreya Ward.

### Ashreya Ward

Assistant Artistic Director | The Boxties

Ashreya is a highly sought-after oboist, singer, educator and artistic director.

Ashreya has performed with some of the most prestigious groups of classical and contemporary musicians in Australia, including the Queensland Symphony Orchestra, Camerata and the Tasmanian Symphony Orchestra. She has been both performer and assistant artistic director with the Boxties since the group formed in 2014.

Ashreya is also the co-director of the Boxties Music School and is an innovative and highly skilled music educator.