

Are You Ready To Create Meaningful Change?



A THERAPY GROUP FOR PROFESSIONALS: An online analytic group for professionals seeking to engage more authentically with their personal and professional selves.

Who is this group for?

Designed for professionals

who work in health and other human service organisations, this group focuses on the emotional needs of staff who work in emotionally demanding settings.

Working in the caring professions

often present immense challenges that, over time, affect both personal and professional lives.

This unique therapy group

for professionals creates a confidential environment for a group of peers to explore and develop meaningful change in their lives.

How will I benefit?

Expertly facilitated groups can be life-changing experiences. They are formative places where experienced professionals build deeper connections, meaning, and purpose.

- Aimed at a diverse range of staff and levels of seniority across health, social care, education, and related settings, the group is intended for post-qualification professionals.
- New members may join and leave the group once they feel the time is right, usually ranging from around six months to potentially several years.

“
You bare your heart and share things that you wouldn't under normal circumstances. You get to know each other very well, very quickly. There's that sort of intense, shared experience that comes from speaking to each other's lives.
-Sarah, Medical Director”



Held online on Thursday evenings (AEST) via Zoom, it is open to people across Australia and internationally.

Accredited by



Expertly facilitated by
Prof Michael Fischer PhD (Lond) MIGA FRAI FHEA
Group Analyst, Psychoanalytic Psychotherapist
and ICF Executive Coach

Contact Us

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Michael Fischer PhD

Professor of Organisational Culture and Leadership

Michael is a specialist in the deep personal change that professionals need in their lives and work. He works with professionals and leaders across private, public and government organisations, helping them catalyse personal and cultural change.

In his work as a professor at University of Oxford, King's College London, and the University of Melbourne, he has developed specialist expertise in creating cultural change, particularly in healthcare. He is an accredited psychoanalytic psychotherapist, group analyst and ICF executive coach.

Before his business-school career, he was an NHS clinical director and lead consultant psychotherapist. He worked in major teaching hospitals in Manchester, Liverpool and London. He holds a PhD in organisational culture and leadership from Imperial College London, University of London.

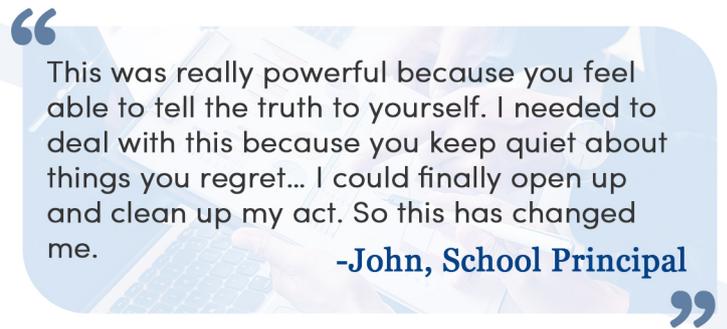
Professional Credentials

- PhD Organisational Leadership and Culture, Imperial College London (University of London)
- Psychoanalytic Psychotherapist and Group Analyst (MIGA, MUKCP)
- Professional Certified Coach (PCC, International Coaching Federation)
- Fellow, Royal Anthropological Institute
- Life Member, Oxford University Anthropological Society
- Fellow, Royal Society of Medicine
- Fellow, Higher Education Authority



If you are ready to create meaningful change, **Please book a confidential conversation with Prof Michael Fischer.**

Expertly facilitated by Prof Michael Fischer PhD (Lond) MIGA FRAI FHEA Group Analyst, Psychoanalytic Psychotherapist and ICF Executive Coach



This was really powerful because you feel able to tell the truth to yourself. I needed to deal with this because you keep quiet about things you regret... I could finally open up and clean up my act. So this has changed me.

-John, School Principal

The group is conducted independently and will operate sliding-scale group membership fees. It is not intended for Medicare or other health insurance cover.

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