

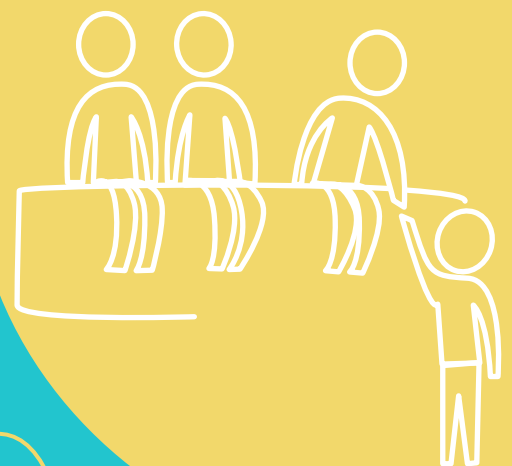
# PSYCHOANALYTIC GROUP PSYCHOTHERAPY IN AUSTRALIA

## BLOCK FORMAT

For many years group psychotherapy in block format has been available in Europe, the United Kingdom and the USA. We are now in a position to offer this valuable experience in Australia.

This means that those who wish to join a psychoanalytic group from anywhere in Australia or New Zealand will be able to do so. It will be of interest to those in centres where psychoanalytic psychotherapy groups are, for whatever reason, not available. It will also be of interest to those who simply value the idea of participating in an intensive experience that allows time in between to mull over what has occurred.

Being part of something larger than the 2 person relationship which individual therapy provides presents the opportunity for group members to explore certain feelings towards others which would not arise in the consulting room in so clear a manner. How to relate to other group members, how to recognise and acknowledge love and hate, how to think about feelings towards others may be challenging and difficult questions which can be addressed within a group setting.



## THE FORMAT WILL BE AS FOLLOWS

1 weekend per month  
for 8 months of the year

*i.e. February to May, and August to November*

Saturday – 3 sessions of 1¼ hours each  
Sunday – 3 sessions of 1¼ hours each



We aim to start in February 2019, and will keep it open to new members for the first 6 months, after which it will be a closed group. It will run for 3 years and 6 months, and finish at the end of June 2022.

The group will be available to mental health professionals and trainees of various psychoanalytic/psychotherapy trainings, as well as to anyone interested in embarking on the experience.

For further information about the value of such an enterprise to those in a training programme the following paper by J. Savege Scharff and D. E. Scharff can be found in *The International Journal of Psychoanalysis*, Dec 2017 Vol 98 No 6, pp 1619 – 1639 - "Group Affective Learning in Training for Psychotherapy and Psychoanalysis".

## THE COST WILL BE \$660.00 PER WEEKEND

Spaces are limited in this group. Assessment interviews for participation in the group will commence in Brisbane in July 2018. These will be in person at **3/33 Helen St, Newstead, Brisbane.**

A commitment to attend all groups for the duration is expected. The group will be run at **3/33 Helen St, Newstead, Brisbane.** Participants in the group will be responsible for their own accommodation and meals.



To apply, or for further information please contact:

### DR PETER HENGSTBERGER

is a Consultant Psychiatrist, Psychoanalytic Psychotherapist and Group Therapist in private practice. He is an Accredited Member of the Faculty of Psychotherapy of the Royal Australian and New Zealand College of Psychiatrists, and Member of the Queensland Psychoanalytic Psychotherapy Association (QPPA) and the Australian Association of Group Psychotherapists (AAGP). He is a member of the Training Committees of both the QPPA and AAGP.

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### MS PIA HIRSCH

is a psychotherapist and group psychotherapist in private practice, with a background in Occupational Therapy. She has been a member of the Australian Association of Group Psychotherapists for 18 years. She has run a wide variety of different groups for over 30 years. She is on the Training Committee for the Australian Association of Group Psychotherapists.

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